

# UNITY WOODSTOCK NEWS

## SUNDAY SERVICE

10am on Sundays  
In person and online

## SUNDAY FUNDAY

4<sup>th</sup> Sunday of the Month  
Fellowship service

## YOUTH MINISTRY

Ages 3-18 years old  
Classes at 10am the 1st & 3rd Sundays of the month



## GROWING IN LEADERSHIP: KIM'S JOURNEY

Last fall, we joyfully welcomed Kim into her new role as our Spiritual Leader, and we couldn't be more grateful. She has long been a treasured part of our congregation, generously sharing her many gifts and uplifting our community in countless ways. As she steps into this new chapter of leadership, she continues to inspire us with her dedication and heart. Kim is currently taking classes and is on track to become a Unity minister, and we are excited to walk alongside her on this meaningful journey. We are truly thankful to have her guiding and growing with us.



**SPIRITUAL LEADER,  
KIM JOZWIAK**

“When one answers the call to serve, the whole community is blessed.”



## *“A Holly Jolly Good Time at Jolly Jingles!”*

Jolly Jingles was a heartwarming celebration filled with music, laughter, and holiday cheer for the whole family. Guests enjoyed beautiful live Christmas carols by pianist Lori Muligano, with stunning vocals by Lori and Kiley Phillips. Joe Jozwiak and his family brass band delighted the crowd with festive favorites, and Tina joining on the clarinet made it an extra special treat. The children had a wonderful time playing games, making crafts, decorating their own Christmas cookies, and picking out sweet treats at the bake sale. A visit from Santa and his beloved Mrs.

Claus made the day magical, especially when each child received a special beanie baby from Santa. Parents joined in the fun with an exciting basket raffle featuring many beautiful prize baskets. Jolly Jingles truly brought the community together, and we are so grateful to our incredible volunteers and performers—you helped make a child smile!

We can't wait for next year!



## *“More than a meal — it’s brotherhood.”*

Looking to connect, share a few laughs, and enjoy a great meal? Our men’s group, Lunch with the Boys, meets monthly at a local diner for good food and even better conversation. It’s a relaxed, welcoming space to build friendships and strengthen community. Be sure to sign up for the next gathering on our website — we’d love to have you at the table!

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*“Because every woman deserves a little girl time.”*



Sue’s Friends continues to be a wonderful time of connection, laughter, and meaningful moments together. Our women’s group meets monthly and enjoys a variety of activities, and this past gathering was a joyful Galentine’s celebration where we celebrated one another and the gift of friendship. We shared delicious food, exchanged “favorite things” gifts, and had so much fun playing games. If you’re in need of some much-deserved girl time, we’d love for you to join us at our next event — be sure to sign up on the website!

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*“A little luck, a lot of laughter.”*

Even though it was cold outside, things were warm and lively at Bunco Night! We had a great time rolling the dice, sharing laughs, and enjoying each other’s company. Congratulations to our lucky winners this month — Joe, Tina, and Ilene! We’re already looking forward to the next game night.



## *“In letting go, we make space for becoming.”*



January invited us into sacred moments of release and renewal through two meaningful services. During the Burning Bowl Ritual, we reflected on what no longer serves us and symbolically released it, making space for healing and new possibilities. In our Sacred Stone Ritual, we let go of the past year and received a new name or intention to embody, representing a fresh start and a deeper awareness of our true spiritual nature. Together, these services set a powerful tone for the year ahead.

## *“Turning Pages, Opening Hearts, Awakening Souls.”*



Join us for The Spiritual Shelf: A Spiritual Book Study at Unity Spiritual Center of Woodstock! We gather the 3rd Friday of each month from 6:30–8:30pm, both in person and on Zoom, for uplifting conversation and connection. In January, we explored *You Can Heal Your Life*, sparking powerful insights and heartfelt discussion. For February through June, we’re diving into *Reclaiming Your Inner Child: A Journey of Childhood and Ancestral Healing*, continuing our journey of growth, reflection, and expanded awareness. Each month we explore transformative spiritual texts that elevate our love and vibration while learning from one another’s unique perspectives. To join the conversation, visit our website to sign up—we can’t wait to grow with you!

## “Faith, Gifts, and Healing: A Journey Beyond Misunderstanding”

Michelle Birk, a devoted Christian with a heart for truth and healing, delivered a powerful message as she courageously addressed the misunderstandings and stigma often surrounding metaphysical gifts. Through thoughtful exploration of scripture, she illuminated how these spiritual abilities are supported within the Bible, gently unraveling fear-based interpretations and inviting a more expansive, love-centered understanding.



Following the service, Michelle led an incredible workshop, Unlock Your Potential through Shadow Work, guiding participants on a transformative journey of self-discovery. Through teachings on the shadow child, guided meditation and hypnosis, and compassionate healing practices, attendees explored childhood wounds, limiting beliefs, and unresolved emotions with grace and courage. It was an amazing, deeply impactful experience—and if you missed it, don't worry—Michelle will be back in August for another opportunity to step into healing and wholeness.

## “The Way of Knowing isn't just something you study — it's something you awaken to.”

Looking to deepen your understanding of Jesus's teachings in a fresh, experiential way? Join the Christ Mind Study Group led by Rina as we explore The Way of Knowing from the profound Way of Mastery series. This powerful book opens an exciting doorway into the heart of Jeshua's message—offering practical insight into what he truly taught and how to live those teachings in your daily life. Whether you're a longtime Course in Miracles student or someone who's found it a bit challenging, this study offers clarity, accessibility, and plenty of beautiful “aha” moments along the way.

We meet in a welcoming hybrid format—in person at Unity Woodstock or on Zoom (with updated tech to make it seamless). Gather with us on the 2nd and 4th Saturdays from 10:00–11:30am (Zoom opens around 9:45). Each session also features enlightening video teachings from master teacher and author Jayem (Jon Marc), whose insights bring added depth and meaning to the material. Come try it out—you might be surprised at what opens up for you.

## “Learning About God’s Power — One Fun Sunday at a Time!”



This year in Youth Ministry and Family Sunday Fun Days, we’re diving into one of Unity’s most empowering teachings: The 12 Powers! Alongside Unity’s Five Principles, the 12 Powers—introduced by Unity cofounder Charles Fillmore in *The Twelve Powers of Man* (1930)—remind us that each of us has twelve God-given spiritual abilities within us. Fillmore taught that by understanding and actively using these powers, we can create lives filled with purpose, joy, and intention.

Each month, our youth and families will focus on one power in an engaging, heart-centered way—January: Faith, February: Love, March: Strength—and continue through all twelve throughout the year. On the 4th Sunday of every month, we gather for Family Sunday Funday! The whole family enjoys service together as we learn about the monthly power, followed by a potluck, hands-on projects, and meaningful conversation. It’s a beautiful opportunity to grow spiritually, connect as a community, and have a whole lot of fun along the way. We would truly love to see you there!

Our Youth Ministry (ages 3–18) is journeying through Unity’s 12 Powers this year, exploring one power each month through engaging books, creative activities, prayer, and meditation that bring each lesson to life. We meet on the 1st and 3rd Sundays, and we would truly love for your children to come visit and be part of the fun and learning.

In February, our youth put their faith into action by making Valentines for Veterans and participating in Project Linus—creating and blessing blankets for children across the U.S. who are seriously ill, traumatized, or in need of comfort. Interested in helping with our youth? We would love to welcome more caring hearts to the team!



## “Growing Together: Enhancing Our Space, Expanding Our Vision”

You may have noticed some exciting changes happening around Unity lately—and there’s more to come! Our board has been working hard behind the scenes to increase building rentals and bring in new events. With that growth comes a practical challenge: every event requires us to move furniture, and currently it can be time-consuming and physically demanding, sometimes even limiting how large events can be. To make things smoother and more efficient, we’re making updates that will allow for easier setups and more flexibility when hosting gatherings, weddings, and community events.



We’re also refreshing our space to better highlight the beauty of our historic building. By updating the décor to reflect its original charm and character, we hope to create a more inviting atmosphere for both our community and those looking to rent the space. This spring, we’ll be repairing and painting the walls—and we’d love your help! Keep an eye out for our upcoming painting party, where we can come together to care for and beautify our shared home.



Another exciting update is happening in our library! Our vision is to create a cozy, welcoming space for smaller gatherings, quiet reading, and connection. Thanks to the dedication of Stan and Mary Perrin, our library offers an extensive collection of inspiring spiritual books—and yes, you can check them out! We’re also adding a TV to support learning opportunities, Zoom meetings, youth activities, and even a little fun with movies and games. The library will also serve as a drop-off spot for recyclables—feel free to connect with Stan Perrin if you have questions about what can be recycled. If you have spiritual books to donate, please reach out to Stan and Mary.

If you have ideas, questions, or would like to help bring these visions to life, we’d love to hear from you—just connect with any board member. Thank you for being part of this evolving, vibrant community as we continue to grow and care for our beautiful space together!

## *“Looking Ahead: Upcoming Events & Gatherings”*

If you're interested in any of these classes or events, please visit [unitywoodstock.org](http://unitywoodstock.org) to sign up or learn more.

### *Discover The Power Within You by Eric Butterworth*

Join us for an amazingly incredible spiritual, metaphysical study of the teachings of Jesus, based upon one of Unity's most prominent minister's writings, Eric Butterworth's renowned book, Discover the Power Within You. The course will be about 12 weeks long, meeting weekly online via Zoom. Join in anytime.

### *Intro to Unity Membership Meeting*

Today is an opportunity to learn more about USCW and become part of its CommUnity!

### *Unity Men's Group Lunch*

Join us for “Lunch with the Boys,” a relaxed mid-day meetup where men connect over good food and real conversation.

### *Spiritual Bookshelf: A Spiritual Book Study*

Unity Spiritual Center of Woodstock is thrilled to invite you to the next session of The Spiritual Shelf: A Spiritual Book Study, a transformative monthly gathering where we will explore powerful spiritual texts that elevate our love and vibration.

### *Yoga by Candlelight*

Join us for a peaceful candlelight yoga experience that blends gentle movement, mindful breath, and soulful stillness.

### *Pet-A-Palooza – A Celebration of Pets & Adoption!*

Join us for Pet-A-Palooza, a fun-filled community event celebrating pets, shopping, learning, and promoting animal adoption!

### [Higher Self Healing Experience](#)

Release, relax, and realign—experience higher healing through sound, stillness, and connection to your higher self.

### [Reiki Share at Unity](#)

Pause, breathe, and receive—experience the gentle, restorative power of Reiki in community.

### [Sue's Friends Progressive Dinner](#)

Get ready for a fun and flavorful evening at our Progressive Dinner on June 20th, hosted by Sue's Friends Women's Group! We'll travel from home to home, starting with cocktails and hors d'oeuvres, then enjoying a delicious dinner, and ending the night with dessert, drinks, and a cozy campfire. It's a wonderful way to connect, laugh, and share a memorable evening together. Details coming soon—mark your calendars!

## [We need your help!](#)

We welcome you to be involved in sacred service once a month, every other month or whatever you are able to provide for the following ministries:

- Youth Ministries (Assisting and/or leading youth activities)
- Hospitality (setting up snacks and coffee for Fellowship)
- Newsletter (Help write and collect information for our quarterly newsletter)

Contact Joe Jozwiak at [volunteer@unitywoodstock.org](mailto:volunteer@unitywoodstock.org) for interest and details.

**As we continue to grow, connect, and create together, we are so grateful for each of you who make this community so special. Whether you're joining a class, attending an event, or simply showing up on a Sunday, you are part of something meaningful. We look forward to all that's unfolding and hope to see you soon!**